

Study on Effectiveness of Homoeopathic Medicine In Uterine Fibroid

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Abstract: Introduction: In female most common complain of uterine fibroid in all over world. in my study help of homeopathic medicine its help reducing and complaint cure uterine fibroid in day to day practice. Method: in study purposive sampling for research purpose, medicine selection according individualization and prescribe after final confirmation from mataria medica. Result:- in study mostly middle age group between 26 to 40 yrs are more effective and mostly cal carb and phosphorus was prescribe. Conclusion: our study was suggest homeopathic medicine got fast result and more use full in uterine fibroid case under supervision of homeopathic physician. [D Shah, Natl J Integr Res Med, 2018; 9(4):82-84]

Key Words: Uterine Fibroid, Homoeopathic Medicine

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Introduction: Fibromyoma is most frequent of uterine neoplasm and comprise about 10% of gynecological cases. It may occur at any age usually from menarche till menopause among those 20% women above 30yrs of age.

These benign tumor are of clinical interest as they deal with the most important problem of reproductive era, i.e. sterility. Dysfunctional uterine bleeding such as Menorrhagia, metrorrhagia, and inter menstrual bleeding, dull ache may be the presenting symptom or some time asymptomatic and find accidentally in U.S.G. for other purpose, however pressure symptom like edema of leg, retention and frequency of urine may be present. Surgical removal of fibroid is the treatment in modern medicine hand.

Objective:

- To arrive at a group of useful homoeopathic medicine in treatment of uterine fibroid.
- To evaluate a role of homoeopathic medicine, help in avoid surgery in patient having uterine fibroid.

Methods:

- Study was a unicentric open clinical trial where the patient present at Niramay Tirth Hospital, Bhahvat Vidhyapith, Sola, Ahmedabad O.P.D During Period Of April 2008 To Nov 2009.

Inclusion:

- Case for study was selected irrespective of age, caste, religion and length of illness.
- Undiagnosed cases also include in study (later diagnose after U.S.G.)

- Diagnosed case which were under treatment controlled but seeks homoeopathic treatment
- Diagnosed case seeking homoeopathic treatment.

Exclusion:

- HIV, HBsAG and Tuberculosis Positive Case and Will Excluded.
- Patient whose general condition and expected prognosis is poor will Excluded.

Diagnostic criteria:

- Clinical : By history, General and systematic examination
- Lab and radiological finding : Hb level, U.S.G.(abd-pelvis)

Case taking, analysis, evaluation and selection of medicine:

- Case taking, analysis, evaluation and selection of medicine according to homoeopathic philosophy

Follow up:

- Follow up done according to need of case and progress was recorded.
- Follow up was for at least one month.

Record:

- Record was maintained to draw the conclusion.

Result criteria based on:

- Reduction in bleeding and pain.
- Hb level improve
- Feeling of mental and physical well being.
- Disappearance of fibroid.

Result: Results were categorized into 4 categories basing on the above criteria that was

1. Improved : feeling of mental and physical well being with relief in chief complain

2. Not improved : no change in any complain of patient
3. Worsening: no change in the condition and patient fell worse.
4. Recovery: patient who fulfill the result criteria.

Observation and Result: It gets evident from the chart that uterine fibroid are more common during child bearing periods. Its absence before menarche and regression after menopause is indicative that these tumors are primary estrogen dependent.

Age: After study saw the 71.42% caseage between 26-40yrs, and 28.57% between age of 41 -55

Medicine use during treatment of uterine fibroid: In case of 21 % cal. carb and phosphorous , 15 % cases silica and aurum muraticum, 10% cases pulsatilla, 05 % cases cal.flour and cal phos used rest of case kali. carb and lachese used.

The effect of Homoeopathic Remedies in Cases of uterine fibroid: End of research 57% cases cured, 36% cases improved and 7% cases was not improved.

Discussion: Uterine fibroid is the commonest benign tumour. At least 20% of women over the age of 40yrs have uterine fibroids. Most of the fibroids are found in the body of the uterus. It is more common in females during child bearing age and during late reproductive years where hormonal factors associated with per menopause acts as important modulators. The factors which induces the occurrence of myoma remain unidentified but role of estrogen for growths and maintenance was clearly evidenced. It was been observed during study that site of fibroid is more important than size. A small sub mucous fibroid may produce more symptoms than a big sub serous fibroid. Though association of fibroid and infertility remains a subject of debate ,it is observed that infertility is related with the location of a fibroid , it is decreasing order of importance from sub mucous to intramural and sub serous. Multiple fibroids are more associated with infertility where the success ratio of conception even after treatment is relatively less than single fibroid.

30 different cases of uterine fibroids, which satisfied the inclusion and exclusion criteria, were considered to study the response of homoeopathic

managements. The study shows that some homoeopathic medicine are frequently used.

In uterine fibroid it is not possible to point out any single medicine as a specific. Individualization is the corner stone for the success.

Dose and potency was again a point which showed great variation in different individuals. In some individual few stimulation of constitutional medicine were enough to unwind the entire case, while in some repetitions and use of anti miasmatic were found useful.

According to homoeopathic science it is a type of chronic disease which is arising from one of the fundamental cause i.e MIASM SYCOSIS and requires dynamic aid for its annihilation. Uterine fibroid is an expression of the underlying pathology. So uterine fibroid was not taken as an object for cure but a person who is suffering from fibroid was the object of treatment and finally it is conclude that Cal Carb , Aur Met N , Kali Carb , Phos , Pulse , Lachesis , Silica, Cal Phos , Cal Flor Are Useful Medicine and also conclude that surgical removal will be extended with help of homoeopathic medicine in immueno - comprised case.

Conclusion: our_ study was suggest homeopathic medicine got fast result and more use full in uterine fibroid case under supervision of homeopathic physician.

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