

## Homoeopathy In Breast Cancer

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**Abstracts:** Background: Health and disease is nothing but two-fold conditions of human life. It is not so easy to define health and disease in a strict sense. As long as man is able to fulfill his aspirations and satisfy the needs, he/she is said to be healthy. Disease is the life under altered condition. Out of all diseases by hearing the name cancer of which is sufficient enough to invoke fear and sense of insecurity in every body's mind. Fear is the greatest Killer of a Patient Remaining healthy is not only an individual obligation but also a social responsibility. Homoeopathy, Allopathic, Ayurvedic, Unani, and Siddha systems of medicine are there to take care of body system in their own ways of diagnosis and treatment. So it is a demand of time for every Homoeopath to explore the unveiled drug efficacy for treating the malignancy effectively & making it possible to strengthen unpaved path to steer ahead successfully. [Kalra K NJIRM 2016; 7(2):131-135]

**Key Words:** Homoeopathy, Cancer (Malignancy), Disease, Cure, Palliation, Improved.

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**Introduction:** A normal cell divides only when division is needed but a cancer cell divides also when no division is needed. The regulations are out of control. They invade and destroy nearby healthy tissue-cells. Malignant cell can travel in the lymph or blood stream to other parts of the body establishing new malignant-cell colonies.

In modern science chemotherapy, radiation and surgery have contributed decidedly for the increase survival periods in many varieties of malignancies but unfortunately in the majority of cases, it is adding the years of illness of life like cytotoxicity of tissue, fibrosis of tissue and recurrence tendency after surgery.

Homoeopathy plays an excellent role in the therapeutics of cancer. Homoeopathy treatment has excellent efficacy in treating the torture and suffering of dreadful cancer pains.

The indicated constitutional remedy to the patient with the proper use of anti-miasmatic drug and the nosodes along with acute symptomatic drugs, we can improve the prognosis in different cancers.

We can give palliative treatment on the basis of immediate cause (exciting -cause). In terminal cases palliative remedies may well mercifully shorten agony the final days of the patient. With the help of Homoeopathy drug there is also beautiful scope for the prevention of cancer in the family where parents or grandparents are sufferer. Homoeopathy has definite role which is based on immune modulator effects. Most of the cancer growths are controlled if immunity of an individual is boosted up. Also

homoeopathic drugs are said to act in genetic disorder which is now considered most common cause of majorities of cancer.

Similarly, specific study on efficacy of Homoeopathic drugs for breast cancers may explore the every possibility of curing, palliating or treating the outfits of disease.

Statement of Problem: Homoeopathic practitioners who treat cancer cases either use same medicines or different medicines in a different potency. And what about the cases cured, palliate, prevent metastasis or improved. I want to analyze the efficiency of the Homoeopathy drugs in these cases.

Objectives: 1) To know action of specific drug on specific type of Breast cancer. 2) To know on what basis particular type of drug is given. 3) To know potency and repetition of medicines.

Questionnaires:

Dose Homeopathy medication is efficacious in Breast cancer?

Can Homeopathy medicines cure the case?

Can Homeopathy medicines prevent the recurrence?

Can Homeopathy medicines prevent the Local Metastasis?

Can Homeopathy medicines prevent the distal Metastasis?

Can Homeopathy medicines relieve the pain?

May Homeopathy medicines palliate at the terminal stage of disease?

**Importance Of Study:** Many researchers conducted research on cancer in Homoeopathy as well as in allopathic. Many Stalwarts in Homoeopathy considered about this and come to conclusion also. But this topic is very vast. In my study I want to come to know that medicine, potency and what should be the repetition of the medicine in the cases of breast cancer. And also a role of homoeopathy in cancer cases result wise.

**Limitation Of Study:** Cancer itself suggesting irreversible pathological changes, patient left the treatment on account of lack of confidence in long lasting treatment. In the needful cases the surgery, radiation and chemotherapy was advised along with homoeopathic treatment given for the prevention, palpitation.

### **Review Of Literature:**

#### Anatomy:

Breast is formed from modified sebaceous glands and is situated in the superficial fascia. It grows in a line from axilla to the inguinal region as thickened ectoderm at 6-8 weeks of gestation and breast develop only in pectoral region. Eventually lactiferous duct develop which later canalize. Opening of lactiferous duct develop as nipple. Normal female breast extends from lateral border of sternum to anterior or mid axillary line covering area of 2nd to 6th rib in superficial fascia of pectoral region. Nipple and areola are hyper pigmented. An extension of the breast called the axillary tail gets an access to the axilla through an opening in the axillary fascia. Here it is direct contact with main lymph gland of the breast.

#### Histology:

The breast of adult non pregnant female in resting phase has following feature. It is made up of many separate glands; from each of these originate the lactiferous ducts that start in the nipple. Branch and end in the terminal ductile lobular unit. A section of the resting breast consists of single ducts or little clusters of ducts widely separated from one another by connective tissue.

The functional unit of breast is "Terminal duct lobular unit". The lumen of this ends forming blunt saccules called "ductless". TDLU connect with segmental duct ad this to a collecting duct which empties into the nipple. A fusiform dilatation located beneath the

nipple between segmental and collecting duct is known as lactiferous sinus.

The ductal - lobular epithelial system of breast is covered by two specialized cell types, inner cuboidal epithelial lining and outer myoepithelial cells.

Each duct is surrounded by covering of relatively cellular connective tissue. Fibroblast, macrophages, lymphocyte and plasma cells are the normal constituents of the interlobular connective tissue. Groups of ducts are separated from one another by thick partitions of course or of relatively noncellular interlobular connective tissue. Extra lobular ducts are lined by columnar epithelium.

Breast tissue responds markedly to hormonal and other influences throughout life, and as a result, it may display a wide range of "normal" appearances: the immature and largely resting breast before puberty; the developed breast of reproductive life, which exhibits changes depending on the time of the menstrual cycle: the actively secreting breast of lactation and the involuted postmenopausal breast.

During pregnancy and lactation, all cell types show a high level of proliferative activity and develop secretory vacuoles in the last trimester of pregnancy.

The fact that cancer of the breast is next in frequency only to cancer of the cervix and the uterus in women. There are perhaps few conditions which cause as much anxiety & worry to the patient as do lump in a breast.

The breast of course is the superficially place organ where cancer frequently occurs, but there are deep psychogenic reasons which make the thought of loss of the breast terrifying to the average woman. The state of affair become more saddening since their fear and shyness prevent the women from seeking medical advice early, with the result that only when the disease has well advanced does the tissue finds its way to the pathologist's microscope in most of the cases. it also happens that the clinician too con-scions of the possibility of occurrence of cancer removes the whole of the breast for a lump which imitates a malignant process and finds out to his surprise, when the histological report comes in that the case is otherwise.

However with the advent of high resolution radiological techniques like USG and mammography

and with increase use of FNAC and intraoperative frozen section facility in various centers, it is possible to reach exact diagnosis before going for major operative surgery which may be traumatic to psychology and beauty of female.

Considering these facts every breast swelling must undergo proper and sequential investigation procedures for its proper therapeutic management.

#### Diagnosis:

As per Homeopathy:

- (1) Marked increase of leucocytes.
- (2) Deficiency of red cell.
- (3) A marked excess of carbonates.
- (4) A marked deficiency of chlorides and phosphates.
- (5) A deficiency of potassium ions
- (6) A marked increase of sodium ions.

We have to treat the cancer patient individually. We have to divide our treatment in to totality of symptoms.

- (1) Constitutional medicines.
- (2) Local medicine.
- (3) Drainage medicine.
- (4) To stop the things which increase carbonate and sodium ions in blood and to remove the deficiency of potassium and phosphates we have to cut salt and salt products from the diet and increase potassium products. Encourage the patient to sit in open air in the morning under the rising Sun.

To remove the deficiency use bio-chemic salts, we should add:

- (1) Calc phos. 6X 3 grains
- (2) Ferrum phos 6X 3 grains
- (3) Kali Mur 3X 5 grains
- (4) Kali phos 3X 5 grain
- (5) Kali Sulph 3X 3 grain
- (6) Condurango Q or 3x to detoxifying agent of sodium ions.
- (7) A doze of Adrenalin IM is also useful for detoxifying of sodium ions, if adrenalin gland is over active.
- (8) Viscum alb Q is capable to stop the spread of or evolution or multiplication of cancer cells.

As a general rule, for hypo function use low potency in 3X or 6X of the gland and for hyper action use high potency of the same. Suppose there is hyper action of adrenal gland to retention sodium salt use high 200 or

IM of Adrenalin, when the patient is weak demineralised use 3x or 6x of Adrenalin. The high potency is used in plus doses three times a day.

#### Tools:

Observation.

Case Performa acc. to Dr. Hahnemann

Case record up to 1 year

#### Sampling:

Cases of Breast cancer will be taken purposively.

#### Source:

Cases of different Homeopath Stalwarts.

#### **Material and Methods:**

##### Method Of Collection Of Data:

Case Performa as used in O.P.D.

Case taking according to Dr. Hahnemann Schema.

Follow up record will be maintained at least for six months. Conclusion will be given based on analysis and observations.

#### Does the study require any investigation as interventions to be conducted?

Laboratory investigations as required as per case wherever necessary.

Observation: In my study I have found mainly 4 types of Breast cancer which are -

Infiltrating ductile ca.	48%
Ca. of breast	34%
Ductile ca.	07%
Metastatic lymphatic ca.	11%

#### And I have found

Cure cases	14%
Prevented cases	41%
Palliated cases	14%
Not decided cases	31%

Homeopathy is a science & art which is based on Evidences. My study based on that cases which are treated by Homeopathy Practitioners .They use different potency & doses of homeopathy medicines for the purpose of cure, palliate, to prevent metastasis & relieve the pain. Laboratory studies show that homeopathic drugs, in addition to having the capacity to reduce the size of tumors and to induce apoptosis, can induce protective and restorative effects. Additionally homeopathic treatment has shown effects

when used as a complementary therapy for the effects of conventional cancer treatment. This confirms observations from our own clinical experience as well as that of others that when suitable remedies are selected according to individual indications as well as according to pathology and to cell-line indications and administered in the appropriate doses according to the standard principles of homeopathic philosophy and posology; homeopathic treatment of cancer can be a highly effective therapy for all kinds of cancers as well as all kinds of breast cancers, also for the harmful side effects of conventional treatment.

#### Interpretation:

##### Age wise:

Study have shown that maximum 59% cases belonging from the age group of 41-50 years, next the age group affected was 51-60 years with 18% cases. 14% cases belonging from the age group of 30-40 years while 09% cases were from the 61-70 years of age group with.

AGE	PERCENTAGE
30-40	14
41-50	59
51-60	18
61-70	9
TOTAL	100

##### Side wise:

Study has shown that Right side is more affected i.e. 52% compare to Left side are 48%.

SIDE	NO. OF CASES (%)
Left side	48%
Right side	52%
TOTAL	100

##### Type of Cancer:

Study has shown that 48% cases of Infiltrating type, 34% of Ductal type, 11% of Metastatic type while 07% of the Ca. Breast type.

TYPE OF CANCER	PERCENTAGE (%)
Infiltrating	48
Ductal	34
Ca. Breast	7
Metastatic	11
Total	100

##### Disease Pattern-Wise:

A Localized cancer of breast observed in 52% cases, Local metastasis in 12% cases and Distal metastasis in 36% cases.

DISEASE PATTERN	NO. OF CASES (%)
Localized	52%
Local-metastasis	12%
Distal-metastasis	36%
TOTAL	100%

##### Result-Wise:

In my study 41% case were Prevented 31% cases were Improved 14% case were Palliated and 14% were cured.

CASES	PERCENTAGE (%)
Cure	14
Prevented	41
Palliated	14
Improved	31
Total	100

##### Remedy Wise Cancer:

Carcinocin is indicated medicine in Ductal ca, Infiltrating ca, Ca of breast and Metastasis in 20, 18, 6 and 5 percent cases respectively. Calcarea carb. Is indicated in Ductal ca, Infiltrating ca., Ca of breast and Metastasis in 16, 14, 10 and 1 percent cases respectively. Thuja is indicated in Ductal ca, Infiltrating ca, Ca of breast and Metastasis in 10, 8, 7 and 2 percent cases respectively. Nat flour is indicated medicine in Ductal ca, Infiltrating ca, Ca of breast and Metastasis in 3, 2, 3 and 3 percent cases respectively. Conium mac is indicated in Ductal ca, Infiltrating ca., Ca of breast and Metastasis in 2, 2, 2 and 1 percent cases respectively. Phytolacca is indicated in Ductal ca, Infiltrating ca, Ca of breast and Metastasis in 1, 0, 7 and 0 percent cases respectively.

Medicines	TYPES OF CANCER			
	Ductal ca.	Infiltrating ca.	Ca. Of breast	Metastasis
Calc-Carb	16	14	10	1
Carcinosin	20	18	6	5
Conium M	2	2	2	1
Phytolacca	1	0	7	0
Thuja	10	8	7	2
Nat Flour	3	2	3	3
Others	3	3	14	4

**Conclusion:** Cases of cancer of breast were selected randomly from all the age groups. Where the prescription made on the basis of miasm as well pathology and the aim is to study the effectiveness of homoeopathy in the cases of cancer of breast. The study shows that cancer of breast is more common between the age group of 41-50 years. It shows that side affinity is equal. Infiltrating type and Ductal type of cancer of breast are frequently seen. As cancer of breast is early diagnosed and surgical procedure done like mastectomy; so the cases of metastasis are less in observation. In study a distal metastasis observed in 36% cases. But in 52% cases a localized disease. Metastasis was seen generally because of lack of awareness regarding the health. 41% cases were prevented, 31% cases were improved, 14% cases were palliated and 14% were cured. It shows the role of homoeopathy in prevention as well as a state of well being. In these cases, Carcinocin is indicated medicine for Ductal ca in 20 cases, infiltrating ca in 18 cases while Calc carb is indicated for Ductal ca in 16 cases & infiltrating ca in 14 cases. This study reveals a Carcinocin and Calcarea Carb are the most indicated as well effective in Infiltrating & Ductal carcinoma. Also a study shows the Phytolacca, Conium Mac and Nat flour are effective in all types specially for metastasis. Thuja and Phytolacca are more effective in Ca. Breast type as it were indicated in 7, 7 cases respectively. Regarding the potency, in majority of the cases 50 millesimal potency given as it is very safe in advanced cases.

Homeopathic drugs have proven biological action in cancer in humans; in the lower, as well as in the higher potencies. Cancer patients are faced with a life-and-death decision when choosing their treatment. Since most conventional treatments continue to be associated with severe adverse and some- times fatal effects, while homeopathy has been found to be free from such effects. Homeopathic treatment of cancer is so effective that this fact can no longer be hidden from the public.

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