



**ISA**

International Sujok Association

# SUJOK

## INTERNATIONAL CONGRESS 2014

Empower All to Heal

**January 4-5, 2014**

Convention Hall | Chennai Trade Centre  
Nandambakkam, Chennai - 600089



**Register Online Now!**

[www.sujokinternationalcongress.com](http://www.sujokinternationalcongress.com)



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## Sujok – A Natural Healing System

Sujok is a natural science and art of healing. It not only covers the aspect of human health & healing the diseases, but it also provides deeper understanding and ways to lead a healthy and happy life. In a sense Sujok is not just a treatment system but is a “life science”. In this era when there is a global tendency to restore to natural healing systems, Sujok as a refined natural system of healing offers a highly promising opportunity in the field of human health-care and because of its inherent strengths and benefits, scientific footing and capacity to produce rapid and stable results Sujok is fast spreading worldwide.

The discovery of this special Energy System of Human Body revealing the corresponding relation of hands and feet with the body brought Sujok Therapy methods into existence.

The Korean words «Su» and «Jok» means «Hand» and «Foot». The philosopher and scientist Prof. Park, Jae from South Korea was the originator of Sujok Therapy who observed the close structural similarity of «Hand» (Su) and «Foot» (Jok) with the human body and discovered the underlying phenomenon of their corresponding relationship with each other. It was discovered by Prof. Park, Jae Woo that our hands and feet carry information of the body in strict anatomical order, reflecting the structure of the human body in miniature form on hands and feet. The hand and feet structurally having close resemblance and similarity to the body, these can be used most logically, conveniently and effectively as remote controls to restore health, prevention and treatment of diseases of various origin and pathologies.

Rapid relief from various health problems can be achieved by simple therapeutic techniques using diagnostic probe, micro magnets, seeds, micro needles, color, moxa etc.

## Sujok – A Way to Total Health

Our body, mind, emotions and spirit are interdependent. Sujok methods are based on this fundamental understanding and aims at TOTAL HEALTH. The astonishing structural similarity of hands and feet with human body is a proof of Creator's love for mankind. Embodied in the design of hands and feet is His will to help us stay Healthy and Happy.



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SU JOK THERAPY is a multi-dimensional system of treatment comprising of various techniques to deal with different categories of ailments and disorders. It brings harmony at the level of Body, Mind, Emotions and Spirit covering both physical and metaphysical aspects of our existence.

Our hands and feet not only carry the correspondences to the organs and part of the body but they also house the invisible energy system of human body like meridians, chakras etc. and can be influenced effectively to treat diseases and disorders of various physical, mental and emotional origin. Apart from multilevel treatment system and modalities, a perfect system of comprehensive diagnosis is also there in Sujok Therapy.

Let's learn how to heal in simple, safe and effective way— The Way of Sujok.

## **Congress Information**

Among various alternative medicine and natural healing systems Sujok Therapy and allied systems under ONNURI MEDICINE developed by Prof. Park, Jae Woo enjoy special place due to their fundamental, scientific and logical approach coupled with simplicity, ease of application and remarkable results.

The purpose of the Congress is to spread awareness of this wonderful system in the society as well as to provide an opportunity to common man to learn and experience the tremendous healing power of Sujok in general and to equip the senior and experienced practitioners with latest knowledge and developments in Sujok to enable them to diagnose and successfully treat most difficult and stubborn diseases of physical, mental and emotional origin.

The Congress shall cover several new dimensional developments in Sujok Therapy along with Triorigin Acupuncture, Twist Therapy, Smile Meditation, Smile Yoga, Smile Taiji (Samwondong and Samwongong) etc. offering the participants to learn varied subjects on a single platform. The congress offers a great opportunity to learn wide range of subjects together with higher knowledge and latest developments, research and information on these subjects.

Practical clinical applications and approaches of Sujok Therapy for the treatment of Physical, Emotional and Mental illness will be presented in details by experts during the Congress. Numerous case studies, experience sharing and research papers would also be presented in detail by national and international experts to demonstrate effectiveness of Sujok methods in variety of complex conditions as well as how individuals respond to Sujok treatment. Sujok treatment for specific disorders like diabetes, infertility etc will also be presented in Congress.



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The congress would cover wide range subjects and topics for learning as follows.

- Correspondence System • Energy Flow Therapy / Sujok Ki • Six Ki Treatment • Triorigin Acupuncture • Zone Sujok Ki • Time Acupuncture
- Samwondong

## **Purpose of the Congress**

- To empower the therapists to effectively deal with variety of diseases and disorders of physical, emotional and mental origin
- To upgrade the knowledge of practitioners to enhance their skills and scope of practice
- To provide a platform to know Sujok activities across the world and to interact with national and international experts and practitioners
- To offer an opportunity to learn from the best national and international sujok specialists, experts and lectures by attending their lectures, paper presentation and experience sharing
- To create an environment for scientific R&D work on Sujok
- To provide an opportunity to common men to learn and experience the most simple form of healing gifted by nature in our hands and feet
- To facilitate learning and sharing advancements in Sujok

## **Benefits of the Congress**

- Opportunity to learn basic to advance levels of Sujok in cost and time effective manner
- To get benefited from acquiring latest developments in Sujok science by lectures of national and international lectures, paper presentations, R&D, Clinical experiences, scientific sessions
- To get answers of your questions from experts and remove your doubts
- Opportunity to learn practical treatment protocols and skills for treatment of difficult diseases such as diabetes, infertility and many more
- Opportunity to share experiences and wisdom of top experts of Sujok to gain in-depth knowledge of variety of subjects and get knowledge of their clinical practices for treating variety of conditions
- To gain perfect knowledge to become a confident and successful Sujok practitioner
- Publications, tools, instruments and latest gadgets on display and sale
- Receiving Congress souvenir full of useful and knowledge-filled articles
- Chance to interact with worldwide Sujok family

## TARGET AUDIENCE

Our conference invites common man in particular for Sujok is a simplest therapy that will blend with your life and lifestyle. We are sure that all the participants will be completely benefitted with this two day conference, which would help and enhance not just their health but also all around them. We also encourage participants from various streams like :

- Sujok Therapist
- Acupuncture Practitioners
- Acupressure Therapist
- Medical Doctors
- Naturopathic Physicians
- Physiotherapist
- Reiki & Pranic Healers
- Paramedics
- Occupational Therapist
- Yoga Therapist/ Practitioners
- Massage Therapist
- Nurses
- Nutritionist and Dieticians
- Students & Researchers
- Allied health professionals
- Leaders of Health support Group

## DATE AND VENUE

**Dates:** January 4-5, 2014 (Saturday & Sunday), as per attached Program Schedule

**Venue:** Convention Hall at Chennai Trade Centre, CTC Complex, Nandambakkam, Chennai, (Tamil Nadu), India

## REGISTRATION

Visit, [www.sujokinternationalcongress.com](http://www.sujokinternationalcongress.com) to register online, or submit attached Registration Form duly completed by fax or by mail.

Registration fees include Congress participation fees, comprehensive Congress material/kit, Souvenir, Lunch, break-time tea/snacks.

It's not ISA policy to limit participation. However, limitations of space and facilities may necessitate closure of enrolment. Therefore, early registration is recommended to avoid disappointment.

**Allotment of seats would be made on First Come first Served basis.**

## CERTIFICATE

Congress Participation / Paper Presentation or Other Relevant certificates will be given by International Sujok Association.

## Program schedule

Saturday, January 4, 2014

- 07:30-09:00 Registration
- 09:00-10:30 Inauguration & Welcome
- 10:30-11:00 Break / Exhibition Viewing
- 11:00-01:30 Work shop 1
- 01:30-02:30 Lunch Break
- 02:30-04:00 Work Shop 2
- 04:00-04:30 Break / Exhibition Viewing
- 04:30-06:00 Work Shop 2
- 06:30 Cultural Program by world renowned group of artists

### **Day 1: Work Shop Details** **by 4 International & 4 National Experts**

#### **11:00-01:30 (work shop1)**

Hall A: Correspondence System

Hall B: Smile Tai chi

#### **02:30-04:00 (work shop 2)**

Hall A: Triorigin Acupuncture

Hall B: Six Ki Acupuncture

#### **04:30-06:00 (work shop 2)**

Hall A: Triorigin Acupuncture

Hall B: Six Ki Acupuncture

#### Hall C: **Scientific Paper**

Presentation by  
International &  
National Sujok  
experts.

#### Hall D: **Complete Sujok Course**

(Intensive 11 hours  
course for 2 days)

## Program schedule

Sunday, January 5, 2014

- 09:30-11:00 Work Shop 3
- 11:00-11:30 Break / Exhibitor Viewing
- 11:30-01:00 Work shop 3
- 01:00-02:00 Lunch Break
- 02:00-04:00 Work Shop 4
- 04:00-04:30 Break / Exhibition viewing
- 04:30-05:30 Closing Ceremony

### Day 2: Work Shop Details by 4 International & 4 National Experts

#### 09:30-11:00 (work shop 3)

Hall A: Sujok Ki Acupuncture

Hall B: Time Acupuncture

#### 11:30-01:00 (work shop 3)

Hall A: Sujok Ki Acupuncture

Hall B: Mudra & Mantra

#### 02:00-04:00 (work shop 4)

Hall A: Sujok for Diabetes

Hall B: Sujok for Infertility

#### Hall C: Scientific Paper

Presentation by  
International &  
National Sujok  
experts.

#### Hall D: Complete Sujok Course

(Intensive 11 hours course  
Continued)



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# Call for Paper

(Paper submission deadline: November 30, 2013)

We invite papers for Congress about original, substantial and unpublished research work on Sujok and allied subjects.

**The deadline for paper submission is November 30, 2013**

## Requirements:

Papers should be conclusive and related to original and completed work rather than intended work clearly indicating state of completion and reported results. Concrete evaluation results should be included, wherever appropriate.

All submissions would be judged for authenticity, correctness, technicality, originality and suitability for the conference and decisions taken would be binding on all concerned.

## Review:

All submissions would be blind reviewed by at least three reviewers and would be managed by the Congress Scientific Committee. Final decision would be taken by the Congress Scientific Committee

## Submission:

All papers should be submitted electronically at [sujokcongress@gmail.com](mailto:sujokcongress@gmail.com). Papers submitted after deadline shall not be reviewed. Any query or question regarding submission procedure would be directed to [sujokcongress@gmail.com](mailto:sujokcongress@gmail.com)

## Topics:

Any area of health related to Sujok Therapy, Triorigin, Twist Therapy, Smile Meditation etc.

## Best Paper Award:

A paper from all paper submissions would be selected for Best Paper Award.



## Call for Articles in Souvenir

A souvenir will be released during inauguration of the congress. We invite articles, case histories, write-ups etc. on Sujok and allied subjects such as Tririgin, Twist Therapy, Smile Meditation etc. The souvenir will be widely disseminated and thus provides a great opportunity to ISA members to get their work published and make people known about them and their work.

### Particulars/specification for submitting articles are as follows.

- Topic** : Each article should have a theme or topic
- Length** : Not more than 1200 words
- Format** : Word document in English only
- Pictures/ Figures** : To be attached in a separate file
- Deadline** : November 30, 2013
- Editing** : Articles are subject to editing by Editorial Committee. No objection whatsoever shall be entertained about any editing in an article.
- Note** : Submission of an article is no guarantee for publication in souvenir. Decision of Souvenir Committee whether or not to publish an article would be final and binding.
- Email** : [sujokcongress@gmail.com](mailto:sujokcongress@gmail.com)
- Contact Phone** : +91-984194551, +91-9491860103, +91-9848625290

**Please attach a picture in a separate file with your submissions. We look forward to receiving your article as soon as possible and meeting you all at the conference.**

If you have any questions please feel free to contact us at the above email address or telephone numbers.



## ISA Core Committee - India

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Write to us

## International Sujok Association (India)

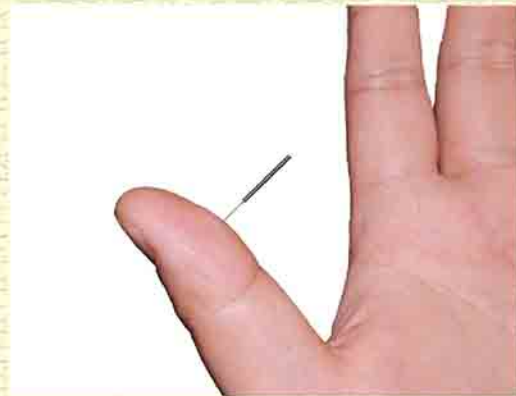
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**Web:** [www.sujokinternationalcongress.com](http://www.sujokinternationalcongress.com)

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please pass on this copy to an interested colleague.



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