

## Effectiveness Of Bowel Nosode Dysentery Compound In Cases Of Generalized Anxiety Disorders

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**Abstract:** Background: This study aim Effectiveness of bowel nosode Dysentery compound in 40 cases of generalized anxiety disorder a minimum of 1year, of all the age groups and both gender were included in the study. Material and Methods: Purposive sampling for research purpose has been done. Selection of medicine was according to concept of methods of Repertorisation. Selection of potency and Repetition was based on law of study Homoeopathic posology which is described in Organon of Medicine. Result: The shows that mostly adults are more affected and acute cases are more present. As far as potency is concerned mostly higher potency was used as nosodes are usually given in higher potency. Conclusion: Our study has concluded that the role of bowel nosode Dysentery compound is very efficacious. [Oza N Natl J Integr Res Med, 2022; 13(6): 22-23 , Published on Dated: 15/11/2022]

**Key Words:** Platelsdfdfde , Mafdle Smdf , Prfdfdm time , Padsrtial Thromboplastin Time

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**Introduction:** In Today's era, Anxiety Disorders are the most common prevalent disorder among the population due to routine life circumstances, such as competition and target issues of work and job, increase in the financial responsibilities, various health issues, etc. sometimes some of the environmental problems with family members, misfortune to children are also the factors which causes extreme anxiety disorders. Anxiety while being late for appointments or work, exam results, while travelling etc. can also play an important role in causing anxiety. The effect of prolong anxiety sometimes leads to increase the risk of depression, and many times some of the compulsive disorders<sup>4</sup>.

Dysentery compound is one of the bowel nosode which is prepared from *Shigella dysenteriae*. The genius of this remedy are: fearful, nervous, phobic, abdominal complains from anticipation.

They have tremendous fear of narrow places, an experience of suffocation<sup>3</sup>. there is nervousness with diarrhoea and urticarial rashes and trembling. One of the main differentiations between *Gelsemium* and Dysentery compound is that they develop palpitations and skin issues whenever they get excited<sup>2</sup>.

With this they have excessive craving of junk food especially fats, sugar and salt. Following are some of the rubrics found in complete repertory regarding Dysentery compound.

Mind-FEAR- narrow places in Mind-EXCITEMENT- excitable-trembling with Mind-EXCITEMENT- excitable-eruption with Mind-TIMIDITY-bashful-palpitation with Skin-ERUPTION; urticaria; nettle rash; excitement emotional agg.

So, in this study Dysentery compound was found very effective in dealing with various physical and mental symptoms arises as a result of acute or long term anxiety.

**Material & Methods:** The study was performed in following way. Type of Study- Prospective qualitative. Method of Sampling Random sampling. 40 cases were randomly selected for the study from the patients suffering from generalized anxiety disorder.

Attending the OPD at Vrushti Homeopathic clinic, Jail Road, Bhavnagar, and Swami Vivekanand Homoeopathic College and hospital Sidsar road, Bhavnagar.

Case taking was done according to guidelines mentioned by Hahnemann in aphorism 83–104.1. Totality of symptoms was formed and Repertorisation done using the software Zomeo. (Hopath).

Selection of medicine in each case was based on the data such as etiological factors, qualified mental, physical generals, concomitants, characteristic particulars, Repertorial approach

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and clinical indications from different authorities  
 Follow-up of each case was taken at interval of 7 or 15 days up to 6-8 months.

**Response Was Analyzed Into 3 Criteria:**

**Cured:** Feeling of well-being mentally and physically with disappearance of all the symptoms for which the patient approached with-in period of study without recurrence.

**Improved:** Decrease in intensity and / or frequency of presenting complaints with feeling of wellbeing.

**Status Quo:** No change in presenting complaints.

**Results:** Distribution of cases according to Gender: In the study, out of 40 cases recorded, 21 were male and 19 were female contributing 60% and 40% respectively. Age Distribution: 16 patients (40%) were between age group o 21-30 and 11 patients (27.5%) were between age group of 31-40 and the lowest in age group 11-20 were 2 patients (5%).

Distribution According To Comorbidity: Out of 40 cases in the clinical study the most common comorbidities were other complain like skin disease, diabetes, hypertension etc. in 9 (22.5%), the next common clinical condition is depression seen in 3 (7.5%) case.

Out of 40 casasa 1 (2.5%) cases has panic attacks and 27 (67.5%) cases are pure GAD. Distribution According to the Response of the Treatment: Out of 40 cases in the clinical study of GAD, maximum case file. 36 (90%) cases showed improvement and 4 (10%) cases were not improved.

**Discussion:** From the total number of cases, most of the cases were of Generalized Anxiety disorder. Generalized anxiety disorders are found to be more prevalent in males (60%) than females (40%). Prevalence of GAD is more found in the age groups, 20 to 30 yrs.

Amongst the GAD cases, pure GAD was (67.5%) ranked high and second was GAD with Depression (7.5%).

Higher potency of Dysentery compound was seem to be efficacious in reducing the frequency and intensity of generalized anxiety disorder. Majority of the patients included in this study

group showed a significant improvement after the homoeopathic treatment.

The statistical scales use for the assessment of the effect of the treatment also showed significant improvement after the treatment. In the study 37 cases show improvement from higher potency while 3 cases are not improved.

Majority patient of the study are presenting with psora miasm i.e. 21 (52.5%) another 15 (37.5%) patients are from sycotic miasm.

Cases which have more than 10 after score will be more effective with higher potency.

**Conclusion:** After the research work it was concluded that Dysentery compound has shown the efficacy in the treatment of Anxiety Disorder.

However, further randomized controlled trials with a larger sample size and longer follow up duration are required to conclusively establish these findings.

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