



Knowledge attitude and practices towards cybercrimes among medical students in Kerala - A cross-sectional study

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ABSTRACT

Background

Digitalization, information, and communication technology usage is increasing. The younger generation is vulnerable to cybercrimes. This study was planned to assess the knowledge, attitude, and practice related to cybercrimes among college students across Kerala.

Material and Method

A cross-sectional study was done using a semi-structured questionnaire. Sample size was taken as 663 students. The data were entered into excel sheet and analyzed using SPSS software version 21.0 (IBM Inc). Frequencies and percentages were calculated for all the categorical variables and presented in the form of mean, proportion and percentage. Chi square test was applied to test significant differences with gender and type of academic courses.

Results

Our study showed that all study subjects were aware of the cybercrimes and 54.1% were aware of cyber laws. Practice of various online risk behaviour was high. Higher risk behaviours was found to be associated with male gender and engineering students as compared to the medical students.

Conclusion

There is a need for propagation of awareness regarding cybercrimes and risk behaviours among students.

Key-words: Cybercrimes, Cyber-laws, Online risk behaviour, Social media

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INTRODUCTION

Digital technology has interconnected geographies, cultures, and people globally. India is the second-largest internet population in the world. While it helps progress, it also brings new vulnerabilities. Cybercrimes are increasing with increased usage and advancing technologies. (1) Cybercrime is an illegal act committed against individuals or groups of individuals with a criminal motive to intentionally harm the victim via modern communication networks. (2)

Various types of cybercrime are:

Hacking: It means unauthorized access to computer system or network (3), and it is the most predominant form of cyber crime. It is an invasion into the privacy of data.

- **Cyber Stalking:** behaviour wherein an individual wilfully and repeatedly engages in a knowing course of harassing conduct directed at another person which reasonably and seriously alarms, torments, or terrorizes that person. (4)

- **Harassment via E-mail:** It is a form of harassment, which includes blackmailing, threatening, and constant letters in anonymous names or regular sending of embarrassing mails to one's mail box. (4)

- **Cyber sexual defamation:** It happens between real or virtually known people who out of frustration start publishing defaming stories in obscene languages on various social platforms (4)

- **Morphing:** it is the editing the original pictures so as to make it look completely or largely different. (4)

- **Email spoofing:** It is used to describe fraudulent email activity in which the sender address and other parts of the email header are altered to appear as though the email originated from a different source. (4)

- **Phishing:** a malicious individual or group who scam users. They do so by sending emails or creating web-pages that are designed to collect an individual's online bank credit card, or other login information. (5)

Cybercrimes related risk behaviours are (6):

- **Psychological reasons:** loneliness, insecurity, lack of family support.

- **Knowledge of computers:** partial computer literacy, difference in gender perspectives related to internet usage

- **Sociological perspectives:** nurturing practices, patriarchal society, family honour, cyber harassment leads to social harassment.

- **Gap between law and technological advancement:** lack of awareness about cyber laws, anonymity of miscreants

The Covid-19 induced lockdown saw a spurt in cybercrimes in India with Kerala recording the highest number during the period. A majority of the recorded attacks were phishing attacks with sophisticated campaigns that could easily snare even the most educated users (3). This study aimed to assess the knowledge, attitude, and practice regarding cybercrimes among college students across Kerala.

Material and methods

The cross-sectional study was carried out across the college students of Kerala. Students unwilling to participate were excluded.

The sample size was calculated by using the formula –

$$n = \frac{Z^2_{(1-\alpha/2)} * (p * q)}{d^2}$$

Where, n = sample size, $Z^2_{(1-\alpha/2)}$ = standard normal deviate for $\alpha=95\%$, value is 1.96

p = prevalence of awareness of cybercrimes

q = (1-p), d = allowable error, which is 5%.

Here p = 50 [unawareness regarding cybercrimes]

Z = 1.96

p = 0.5

d = 0.05

q = 0.5

$n = 4 \times 0.03 \times 0.97 / (0.015)^2 = 517$

The sample size was calculated as 517.

- **Study tool:** Interviewer administered semi structured questionnaire was used to assess the knowledge, attitude and practice regarding cyber crime

- **Data collection:** After taking informed consent; data were collected using Google form

- **Study period** was during February, 2021.

The data were entered into excel sheet and analyzed using SPSS software version 21.0 (IBM Inc). Frequencies and percentages were calculated for all the categorical variables and presented in

the form of mean, proportion and percentage. Chi square test was applied to test significant differences with gender and type of academic courses.

RESULTS

Final sample size was 663. In our study, 474 (71.5%) participants were females and 189 (28.5%) were males. Mean age was 22 years (Range:18 - 26 years). Educational studies being carried out by the participants is given in Table 1.

Table 1: Educational studies of the participants (N = 663)

| Course | Frequency | Percentage |
|--|-----------|------------|
| MBBS | 411 | 61.9 |
| Courses other than medical and engineering | 85 | 12.8 |
| Engineering courses | 77 | 11.6 |
| Medical allied courses other than MBBS | 69 | 10.4 |
| Less than graduate students | 21 | 3.2 |

Time spent online varied among the students. About one-fifth (110, 16.6%) spent more than six hours, 190 (28.6%) spent 4 to 6 hours, 218 (28.6%) spent 2-4 hours, 127 (19.2%) spent 30 minutes to 2

hours and only 18 (2.7%) spent less than 30 minutes online daily. Social media presence and utilization is given in Table 2.

Table 2: Social media utilization by the participants (N = 663)

| Social media site | Users (n,%) | Public profile (n,%) |
|-------------------|-------------|----------------------|
| WhatsApp | 660 (99.5%) | 71 (10.7%) |
| Telegram | 569 (85.8%) | 77 (13.5%) |
| Instagram | 562 (84.8%) | 82 (14.1%) |
| Youtube | 528 (79.6%) | 108 (20.4%) |
| Facebook | 429 (64.7%) | 117 (27.2%) |
| Snapchat | 290 (43.7%) | 30 (10.3%) |
| Pinterest | 208 (31.4%) | 35 (16.8%) |
| Twitter | 152 (22.9%) | 47 (30.9%) |
| LinkedIn | 121 (18.2%) | 46 (38.0%) |
| Discord | 97 (14.6%) | 22 (22.7%) |

Online risk behavior was high. Online risk behaviours are given in Table 3.

Table 3: Online risk behaviours of the participants (N = 663)

| Risk Behaviors | Frequency | Percentage |
|---|-----------|------------|
| Not always reading privacy guidelines | 451 | 68.0 |
| Not logging out from their accounts after use | 393 | 59.3 |
| Not logging into their accounts for a long time | 263 | 39.6 |
| Downloading files from third party sites | 203 | 30.6 |
| Sharing photos and videos online | 190 | 28.6 |
| Attending spam calls or messages | 144 | 21.7 |
| Interacting with online strangers | 138 | 20.8 |
| Clicking on hyperlink from social networks | 111 | 16.7 |

| | | |
|---|-----|------|
| Opening email attachments from unknown sources | 108 | 16.3 |
| Sharing their profile/email passwords with others | 84 | 14.5 |
| Visiting restricted sites with adult material | 91 | 13.7 |
| Placing strangers in their buddy list | 52 | 7.8 |
| Shared financial details online | 35 | 5.3 |
| Sharing personal information with the strangers | 14 | 2.1 |

Of 663 participants, 46 (7%) reported to be victims of a fake account impersonating them. Hundred participants (15.1%) reported to have received messages, images or videos with sexual content. Eleven (1.6%) were threatened of their privacy. Eighty eight (13.3%) reported to have been a victim of online financial fraud. The online risk behaviour was significantly associated with male gender. Males (45.5%) were significantly more likely to share photos, videos and personal details in the public platform as compared to females (21.9%).

While females (24.3%) were significantly more likely to interact with strangers as compared to males (12.2%), males (12.7%) were significantly more likely to add strangers to their buddy list as compared to females (5.9%). Males (29.6%) were significantly more likely to access restricted sites as compared to females (7.4%). Males were also significantly more likely to click on social networks' hyperlinks and download materials from third party sites as compared to females. (Table 4)

Table 4: Online risk behaviour association with gender (N = 663)

| | | Gender | | Total | Chi square | p value |
|---|-----------------|--------|--------|-------|------------|---------|
| | | male | female | | | |
| Do you read the privacy guidelines of social networking sites? | Yes | 48 | 164 | 212 | 5.26 | 0.022 |
| | No | 141 | 310 | 451 | | |
| Do you share your photos, videos and any other personal details in the public platform? | Yes | 86 | 104 | 190 | 36.69 | 0.0001 |
| | No | 103 | 370 | 473 | | |
| What is your attitude when a stranger approaches you online? | No- interaction | 166 | 359 | 525 | 11.988 | 0.001 |
| | Interaction | 23 | 115 | 138 | | |
| Placing strangers on buddy list | Yes | 24 | 28 | 52 | 8.622 | 0.003 |
| | No | 165 | 446 | 611 | | |
| Sending personal information to strangers | Yes | 7 | 7 | 14 | 3.242 | 0.072 |
| | No | 182 | 467 | 649 | | |
| Visiting restricted sites containing adult material | Yes | 56 | 35 | 91 | 56.469 | 0.0001 |
| | No | 133 | 439 | 572 | | |
| Opening email attachments from unknown sources | Yes | 32 | 76 | 108 | 0.08 | 0.778 |
| | No | 157 | 398 | 555 | | |
| | Yes | 43 | 68 | 111 | | |

| | | | | | | |
|--|-----|-----|-----|-----|--------|---------------|
| Clicking on hyperlink from social networks | No | 146 | 406 | 552 | 6.849 | |
| | Yes | 95 | 108 | 203 | | |
| Downloading files from third party sites | No | 94 | 366 | 460 | 48.031 | 0.0001 |
| | Yes | 77 | 186 | 263 | | |
| Not logging into your account for a long time | No | 112 | 288 | 400 | 0.127 | 0.721 |
| | Yes | 115 | 278 | 393 | | |
| Not logging out from your account after use | No | 74 | 196 | 270 | 0.27 | 0.603 |
| | Yes | 44 | 100 | 144 | | |
| Attended spam calls / messages | No | 145 | 374 | 519 | 0.379 | 0.538 |
| | Yes | 13 | 22 | 35 | | |
| Shared your financial details online | No | 176 | 452 | 628 | 1.352 | 0.245 |
| | Yes | 21 | 63 | 84 | | |
| Allowed others to use your email ID / profile ID / passwords etc | No | 168 | 411 | 579 | 0.58 | 0.446 |
| | Yes | 31 | 57 | 88 | | |
| Have you ever lost money online? | No | 158 | 417 | 575 | 2.249 | 0.134 |
| | Yes | 91 | 268 | 359 | | |
| Are you aware of the existing cyber laws in India? | No | 98 | 206 | 304 | 3.833 | 0.05 |

Few of the online risk behaviours were found to be significantly higher among the engineering students as compared to medical students. Clicking on the hyperlinks was significantly higher among engineering students (28.5%) as compared to Medical allied (21.8%), non-graduates (19%), non-medico / non-engineering graduates (18.8%), and

MBBS students (13.1%). Engineering students also had significant higher prevalence of downloading from unknown sources (48%), not logging into their accounts for a long period (53.2%), not logging-out of accounts (71.4%) and attending to spam messages (31.1%). (Table 5)

Table 5: Online risk behaviour association with type of academic course (N = 663)

| | | Academic courses | | | | | Total | Chi square | P value |
|--|-----|------------------|------------------|--|-------------|-----------------------|-------|------------|---------|
| | | MBBS | Medical (allied) | Other than medical/ engineering graduate | Engineering | Non graduate students | | | |
| Do you read the privacy guidelines of social | Yes | 137 | 22 | 27 | 19 | 7 | 212 | | |
| | No | 274 | 47 | 58 | 58 | 14 | 451 | 2.255 | 0.69 |

| | | | | | | | | | |
|---|----------------|-----|----|----|----|----|-----|--------|-------|
| networking sites? | | | | | | | | | |
| Do you share your photos, videos and any other personal details in the public platform? | Yes | 108 | 21 | 25 | 29 | 7 | 190 | | |
| | No | 303 | 48 | 60 | 48 | 14 | 473 | 4.548 | 0.34 |
| What is your attitude when a stranger approaches you online? | No-interaction | 333 | 52 | 64 | 62 | 14 | 525 | 4.314 | 0.365 |
| | Interaction | 78 | 17 | 21 | 15 | 7 | 138 | | |
| Placing strangers on buddy list | Yes | 28 | 4 | 6 | 11 | 3 | 52 | 6.703 | 0.152 |
| | No | 383 | 65 | 79 | 66 | 18 | 611 | | |
| Sending personal information to strangers | Yes | 11 | 0 | 1 | 2 | 0 | 14 | 3.023 | 0.554 |
| | No | 400 | 69 | 84 | 75 | 21 | 649 | | |
| Visiting restricted sites containing adult material | Yes | 51 | 12 | 13 | 13 | 2 | 91 | 2.523 | 0.641 |
| | No | 360 | 57 | 72 | 64 | 19 | 572 | | |
| Opening email attachments from unknown sources | Yes | 67 | 13 | 16 | 8 | 4 | 108 | 2.812 | 0.59 |
| | No | 344 | 56 | 69 | 69 | 17 | 555 | | |
| Clicking on hyperlink from social networks | Yes | 54 | 15 | 16 | 22 | 4 | 111 | 13.139 | 0.011 |
| | No | 357 | 54 | 69 | 55 | 17 | 552 | | |
| Downloading files from third party sites | Yes | 115 | 18 | 27 | 37 | 6 | 203 | 13.123 | 0.011 |
| | No | 296 | 51 | 58 | 40 | 15 | 460 | | |
| Not logging into your account for a long time | Yes | 166 | 25 | 26 | 41 | 5 | 263 | 11.497 | 0.022 |
| | No | 245 | 44 | 59 | 36 | 16 | 400 | | |
| Not logging out from your account after use | Yes | 243 | 44 | 42 | 55 | 9 | 393 | 11.063 | 0.026 |
| | No | 168 | 25 | 43 | 22 | 12 | 270 | | |
| | Yes | 86 | 20 | 13 | 24 | 1 | 144 | 11.955 | 0.018 |

| | | | | | | | | | |
|--|----------------------|-----|----|----|----|----|-----|-------|-------|
| Attended spam calls / messages | No | 325 | 49 | 72 | 53 | 20 | 519 | | |
| Shared your financial details online | Yes | 20 | 5 | 4 | 5 | 1 | 35 | 0.968 | 0.915 |
| | No | 391 | 64 | 81 | 72 | 20 | 628 | | |
| Allowed others to use your email ID / profile ID / passwords etc | Yes | 60 | 7 | 5 | 10 | 2 | 84 | 5.513 | 0.239 |
| | No | 351 | 62 | 80 | 67 | 19 | 579 | | |
| | Prefer not to answer | 11 | 2 | 1 | 3 | 1 | 18 | | |
| Have you ever lost money online? | Yes | 51 | 14 | 11 | 6 | 6 | 88 | 9.505 | 0.05 |
| | No | 360 | 55 | 74 | 71 | 15 | 575 | | |
| Are you aware of the existing cyber laws in India? | Yes | 221 | 39 | 54 | 35 | 10 | 359 | 5.898 | 0.207 |
| | No | 190 | 30 | 31 | 42 | 11 | 304 | | |

Assessment on awareness of cyber laws

Out of 663 participants of study population, 359 (54.1%) were aware of existing cyber laws in India and 304 (45.9%) were unaware. The awareness about cyberlaws was not significantly different for gender or type of academic study.

DISCUSSION

In our study we assessed the awareness of cybercrime, its prevalence among various social media platforms and identified online risk behaviours among college students. The level of awareness regarding cybercrime was found to be in line with study conducted in Nigeria which was nearly 100%. Our study found males were more likely to adopt high risk online behaviours. However, no statistical significance was found between mean scores of male and female students in the Nigerian study. This may be due to the social differences in the two societies.(7)

A study conducted among medical students in Mumbai found that 50% were aware of cybercrimes and 8% shared passwords.(8) Similarly, in our study,

password sharing was found to be 14.1%. However, awareness regarding cybercrime was higher (100%) in our study.

In the study conducted in UK regarding cybercrime prevalence and impact showed that 3% of the population were affected from cybercrimes and losing money online. (9) Whereas in our study, 13.3% reported to have been affected by financial fraud online.

CONCLUSION

Our study shows that all study subjects were aware of the cybercrimes and 54.1% were aware of cyber laws. Practice of various online risk behaviour was high. Higher risk behaviours was found to be associated with male gender. Medical students had lower prevalence of online risk practices as compared to the engineering students. We recommend larger scale studies to understand the behaviour towards cyber crime. There is a need for propagation of awareness regarding cybercrimes and risk behaviours among students.



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